

# **Key Concepts**

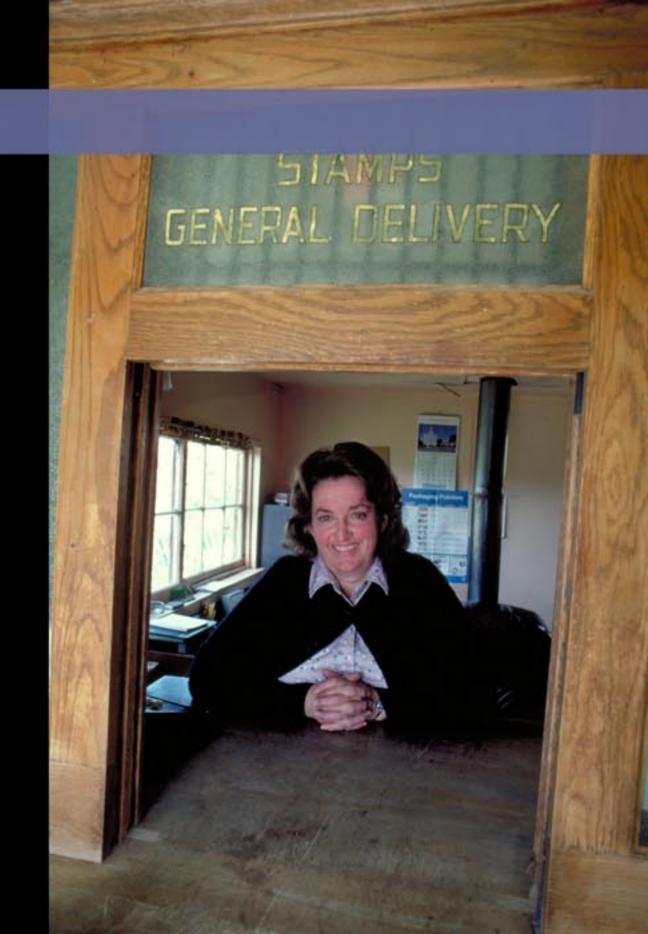
- Begin With a Full Cup
- Find Guides
- Act As If
- Express Gratitude

- Make a Contribution
- Pass It On
- Chase the Light

#### For The Love of It

You can do what you love, or you can love what you do.

It's not about finding a new job.
It's about finding a new way of
looking at the job you have.



## Begin With a Full Cup



Begin each day with a "full cup" because it is important to do things in your life that fill you with energy.

Find what takes your breath away.

Find Guides

Want to fall in love with what you do?

Then hang out with folks who are in love with what they do.





#### Act As If

So ....

Sometimes, you just have to act "as if." Even if you're scared. Even if you haven't worked the kinks out yet.

Act "as if" you can.

## Express Gratitude

The factor that most determines your happiness is gratitude.

The more you are grateful for, the happier you will be.



#### Make a Contribution

Don't worry about making a difference. If it happens, it happens.

Just take the responsibility of making a contribution.



## Chase the Light

Take action. You can't wait for it to come to you...
for everything to be perfect.

You have to fall in love with what you're doing, right now.



#### Pass It On

When you love what you do, pass it on. Teach others to love what they do.

That's the way it is Pu'uwai Aloha—a loving heart.



#### For The Love of It

